**Saddleback Church Hope for Mental Health**

**Basic CARE Team Model**

**GOAL**

Grow the skill or ability of the church to guide people impacted with mental illness

**PURPOSES**

Discipleship, Evangelism, Ministry, Mission, Worship

|  |
| --- |
| Emerging CARE Team Framework |
| **Need** | **Team Member Roles** | **Approach to Care** |
| Emotional Support | Lay Counselor | Community Integration |
| Practical Help | Care Coordinator | Service Navigation |
| Spiritual Care | Minister | Resilience |

**Length of Ministry**

3 months up to one year. After the first quarter, the team and individual being served will determine if another month will be needed to continue care.

**Eligibility Requirements**

Individual being served must be voluntary and willing to participate in this discipleship ministry.

**Volunteer Commitment**

Volunteers need to commit to ½ to 1hr.+ of service per individual being served per week until the person being cared for completes their program. And, meet for at least 1 hour with the team per week to pray, coordinate care, and debrief the week’s activities.

**CARE Team Model…**

 **  **